

Name:

Date:

Period:

Milestones & Accomplishments

Assignment Overview:

Today you will be thinking about your past, present, and future. We will be working on getting examples from your life that demonstrate moments of maturity and times when you accomplished something that you are proud of.

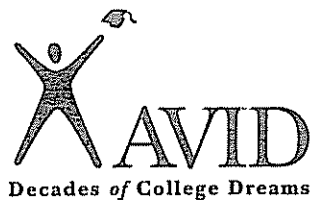
Activity #1: Maturity Brainstorm

In the space below please brainstorm what makes a person mature. You will be talking with a partner about this in just a moment.

Activity #2: Milestones in my life

This will be a written reflection, please focus on your writing and penmanship because I want to read these. Growing up means being expected to do things for yourself. How have you changed to be able to do more things for yourself? Write about two or three things that you do for yourself now that you couldn't have done two or more years ago. Describe what skills or qualities these tasks require.

Student Activity 1.1 (2 of 2)



Name: _____ Grade: _____

Date: _____ Period: _____

Milestones in My Life (2 of 2)

II. **Activity:** Divide your life into thirds and list at least three important things that you learned to do by yourself in each stage: three milestones for each third. Also, list three milestones that you imagine will be significant in the future.

First Third of My Life: Age _____ to _____

1. _____
2. _____
3. _____

Second Third of My Life: Age _____ to _____

1. _____
2. _____
3. _____

Third Third of My Life: Age _____ to _____

1. _____
2. _____
3. _____

Next... the future:

1. _____
2. _____
3. _____

Student Activity 1.2



Name: _____ Grade: _____

Date: _____ Period: _____

My Accomplishments

- I. **Written Reflection:** What single milestone in your life to this point shows how much you have matured? Describe the milestone and tell how it shows you have grown.

- II. **Activity:** Think about your accomplishments and list them below. Be sure to include your school life, but also mention accomplishments outside of school.

1. List something you accomplished today:

2. List something you accomplished this week:

3. List something you accomplished this month:

4. List something you accomplished this school year:

5. List something you learned today:

6. List something you learned this week:

7. List something you learned this month:

8. List something you learned this school year: